# HIGHLAND DISTRICT HOSPITAL



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## TAKE STEPS TO PREVENT FALLS THIS FALL



Be sure that entryways, hallways, and areas frequently navigated are well-lit.



Secure loose rugs to the floor, or remove rugs from area.

Install ramps or grab bars if needed.

Wear proper shoes, slippers, or grip-socks





Keep essential items within arms reach

Extended Care Unit

#### OUR GOAL:

Patients are given the care and attention needed, while receiving, rehabilitative therapies and nursing services, to allow them to gain the strength and functionality needed to return home with confidence.

### WHO BENEFITS:

- Patients recovering from joint replacement or other types of surgeries
- · Patients recovering from an illness and are in need of rehabilitation
- Patients with wounds that need special care
- Patients that require extended IV antibiotics
- Patients who have been transferred to another facility for inpatient care, and wish to return locally for extended care services



#### **EXTENDED CARE UNIT THERAPY TEAM**

**Keith Roth - Physical Therapist Abigail Newkirk - Speech Therapist** Christen Knauff - Occupational Therapist Sarah Himes - Certified Occupational Therapy Assistant **Eric Wise - Physical Therapy Assistant** 

For more information about the Extended Care Unit, contact the team at

937.840.6692